



**BODHI**  
**Yoga & Wellness**

**Contact:**

Marnie Aylesworth, Owner  
marnie@bodhi-yoga-wellness.com  
717-807-7202

**Secondary Contact:**

Grace Levy, KU SBDC Intern  
glevy700@live.kutztown.edu

**Bodhi Yoga & Wellness Invites Community to Grand Opening Ceremony on March 8**

Middletown Small Business Welcomes Guests to Attend Ribbon Cutting and

Open House

**Middletown, PA** – The Middletown community and surrounding areas are invited to attend Bodhi Yoga & Wellness’s grand opening ceremony on Saturday, March 8, at 10 South Union Street, Middletown, PA. The new yoga studio’s celebration begins at 1pm with a ribbon cutting ceremony, followed by an open house until 4pm. Attendees can enjoy refreshments and learn more about the studio’s mission.

The grand opening will kick off with brief remarks by owner Marnie Aylesworth, followed by the ribbon cutting, and guests are invited to explore the space and talk with yoga instructors. The first 25 attendees will receive a coupon for \$5 off their first yoga class at Bodhi Yoga & Wellness.

**Event Schedule:**

- **1:00 PM:** Introduction and welcome by owner, Marnie Aylesworth. Guests are encouraged to explore the studio, enjoy light refreshments, and prepare for the ceremony.

--more--

**Contact:**  
Marnie Aylesworth, Owner  
marnie@bodhi-yoga-wellness.com  
717-807-7202

### **Add One/ Bodhi Yoga**

- **1:15 PM:** Ribbon-cutting ceremony with remarks from the owner, highlighting the studio's mission and its significance to the Middletown community.
- **1:30 PM:** Open house begins. Guests can meet Marnie, learn about the studio's class offerings, speak to yogis, and sign up for future sessions.
- **2:30 PM:** Sound healing introductory session with Malia.
- **4 PM:** Open house ends.

“We are so excited to open our doors to the Middletown community and share this space for mindfulness, growth, and connection,” says Aylesworth. “Whether you’re new to yoga or a seasoned practitioner, Bodhi Yoga & Wellness is a place for everyone to explore their wellness journey and find balance in their lives.”

Attendees can also look forward to enjoying sweet treats provided by **Salted Butter Bakery** and **Palmyra Greenhouse** will be selling fresh flowers from Rosie the Flower Truck, their mobile build-your-own bouquet stand.

### **About Bodhi Yoga & Wellness:**

Bodhi Yoga & Wellness offers daily yoga classes, breathwork workshops, meditation, and poetry classes in a supportive and inclusive environment. For more information, visit <https://www.bodhi-yoga-wellness.com>

--end--